Program background: The Capacity Building program for mothers of Unbound sponsored children in Valparaíso, Chile began in 1992. The program is designed for and open to all mothers or guardians of sponsored children. The objective of the program is to offer a space to promote human development of mothers through the learning of manual skills, with the goal of improving the quality of life for families of sponsored children. The workshops offered through the program are weaving, sewing and hair dressing. Each of the 3 workshop courses consists of 12 sessions.

Purpose of the evaluation: To understand the social, economic and emotional impact of the 2013 Parent Capacity Building workshops on the mothers who participated.

Methods:
Questionnaire on learning application, income change, and motivation indicators administered to the complete population of program participants (170) with a response rate of 54% (6.9 confidence interval at a 95% confidence level)

Key findings and Conclusions:
- 58% of the participants are working using the learnings from their capacity building workshops.
- 43.5% of participants are earning some additional income through application of their learnings. However, most earnings are minor.
- Beyond the general motivation of learning something new, the 2nd and 3rd most prominent reasons for participating for the mothers were social, feeling a part of something and sharing with others.

Learnings and Report recommendations:
- Since mothers utilized their learnings from the course on cutting hair most frequently, this course will be offered again.
- The other courses on weaving and sewing were not found to produce extra income for the participants and will be switched for a course on bread baking and candy making.