

SHARE THE LIGHT OF ADVENT

This activity kit helps students prepare for the birth of Jesus, who calls us all to be a light for each other. The weekly prayers work well with an Advent wreath or on their own and encourage students to put their faith into action.



SUGGESTED USE

The kit can be downloaded by families or printed and distributed. It can also be adapted to use in a classroom. The format is consistent throughout the four weeks. It begins with lighting the candles on the Advent Wreath, saying a short prayer and planning a simple activity that a family (or class) can do during the week. There is an optional "Did you know?" question that a parent or teacher could use for further discussion. Also, the Gospel for the Mass of the Day could be read, or the Gospel for the appropriate Sunday in Advent.

Prayer

Loving God, as we begin this holy season of Advent, help us to make room in our hearts for others as we make room for your Son, Jesus. Help us to empty our hearts of the things that keep us from being our best and most loving selves. We ask this in your holy name. Amen.