

FROM ASH WEDNESDAY TO EASTER

This activity kit can make the Lenten season more meaningful for students. It will help them connect prayer and acts of Lenten discipline to solidarity with the poor and marginalized.



SUGGESTED USE

Since the prayers and activities follow themes found in the Sunday readings for Lent, it's ideal to begin on Monday by reflecting on the week's reading and introducing the related activity. Throughout the week, check in on how the students are doing with the activity. On Friday, allow the students to share their experiences.

Prayer

Jesus, you walked a difficult and lonely path to Calvary, and you did it because you love us. As we remember your sacrifice in this Lenten season, help us to grow in our love for you and our sisters and brothers, especially the poor and suffering around the world. Amen.