

# RECIPES FROM LATIN AMERICA

A good way for students to appreciate another culture is to experience some of their traditional foods. These three recipes from Central and South America are easy to make and fun to share for a small group or an entire class.



## SUGGESTED USE

Ask for volunteers to make the various recipes at home to bring and share with the class. Make sure there is enough so that each student gets at least a taste. (Parents will need to be on board with this.) Some questions for discussion might include:

1. What was it like to make this food? Was it easier or more difficult than you expected?
2. Which of these foods did you enjoy the most? Which did you enjoy the least? Why?
3. These recipes are common ones from their various countries. If you were putting together a recipe book of common U.S. foods, what would you include?

## Prayer

*Father, thank you for variety. Thank you for the different flavors and textures and wonderful colors of the many foods of the world. Help us to enjoy them and appreciate them and never waste them. We ask this in Jesus' name. Amen.*